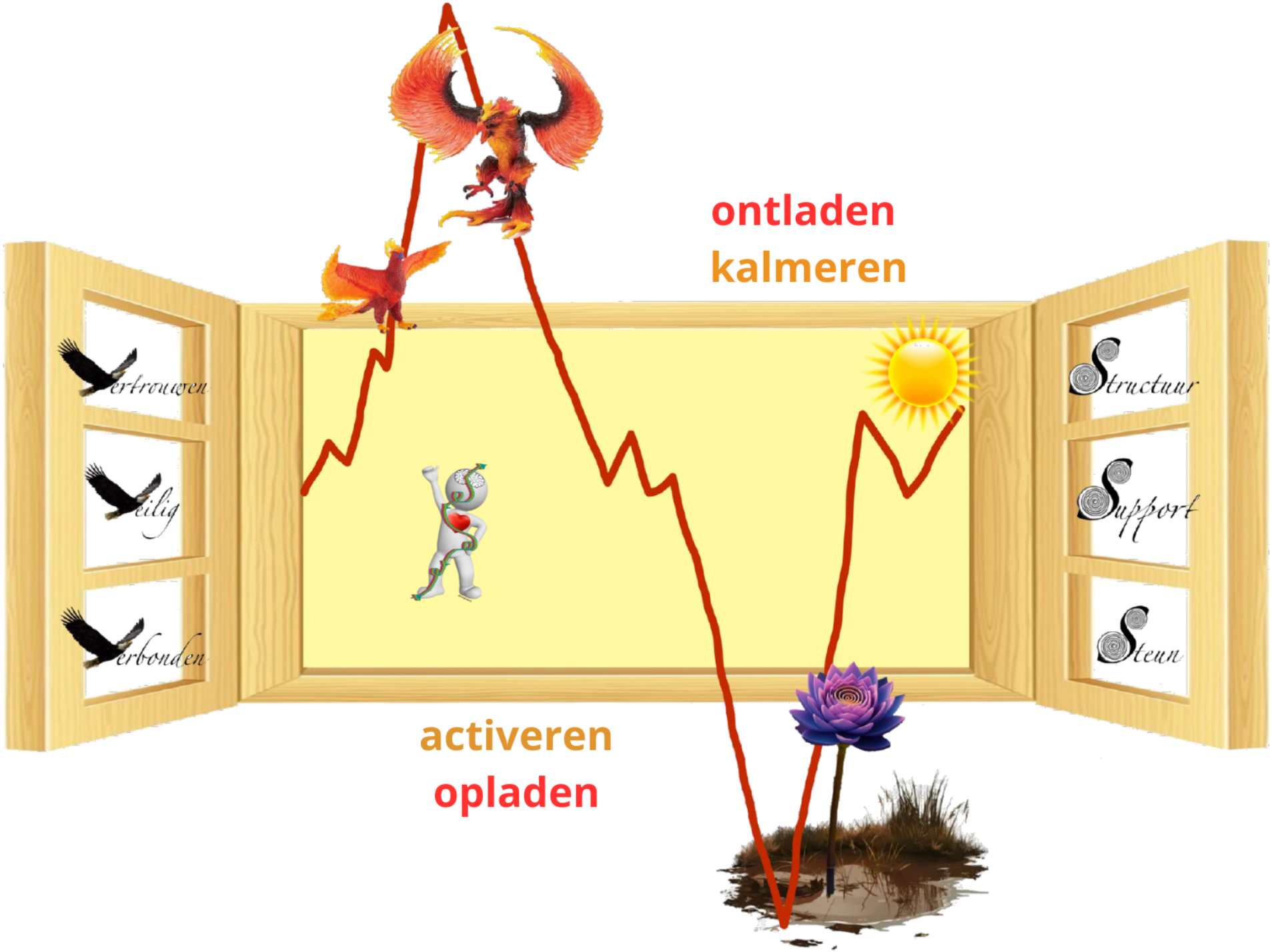


Symbolen, beelden die horen bij comfortzone, stretchzone en stresszone @Congruent